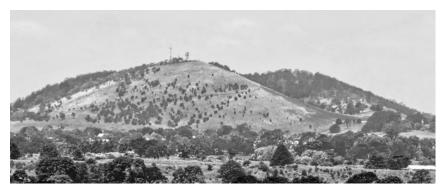
Edition 14 13 March 2019

MT ROUSE NEWS & VIEWS



A Project of the Penshurst Mens Shed Inc

FREE EVERY FORTNIGHT

Editor: Mark Dalla Costa

All correspondence to: mtrousenewsletter@gmail.com

A few words from the 'Friends of Yatmerone'

Parks Victoria, the managers of Yatmerone Wildlife Reserve, decided in 2009 that it would be a good idea for a local community group to assist with the management of the Yatmerone Reserve. They contacted Advance Penshurst and as a result, the sub-committee, Friends of Yatmerone, was formed. As this year marks the 10th Anniversary of the group we thought it would be a good idea to provide a few articles to the Newsletter on the history, activities and interesting facts about one of Penshurst's most valuable natural assets.

The group inherited approximately 13 Ha. of crown land which consists of a swamp, (officially a Deep Freshwater Marsh), in a swale between two ridges. The swamp is spring fed with the water level varying considerably throughout the year. For years it had been known as Hutton's Dam, after the adjoining neighbour. Not much of the original grassland has survived many years of grazing but some remnant plants can still be found on the tops of some of the barriers.

The Friends launched into a re-vegetation

(continued page 2)



First planting - Sept 2010

DEADLINE FOR SUBMISSIONS - 23rd March 2019

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

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From Page 1—Yatmerone Wildlife Reserve

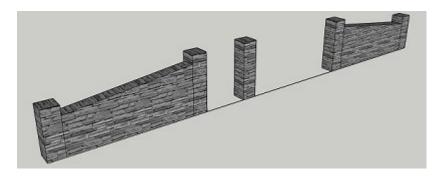
program with the joint aims of establishing habitat for native fauna and suppression of grassy weeds. Where possible plants were grown from locally sourced seeds or cuttings. Several planting days were organised with the enthusiastic support of many local volunteers. The results of these efforts can be clearly seen today. A native woodland has been created which, the Friends feel, has added to the biodiversity and also to the scenic aspect of the reserve. For those readers who haven't yet been to the reserve it is at the far end of Ritchie Street and is well sign posted.

The two photos show how the view from the carpark has changed.



View from gate—Nov 2018

Talking about other entrances



Update of the Botanic Gardens Entrance .. Yes, we know. We passed on what we were told by the Council, but no earth was turned and no stones arrived, instead we received an email a couple of days ago, saying there's been a delay due to some confusion in paperwork and a need for a planning permit. There's still a countdown, but it's a slow one .. not 30 years, just a few more weeks.

We've also been advised that the children's playground will be updated in the next couple of months, and we have begun discussions on repurposing the old Tennis Club rooms.

Penshurst Progress Association

Words to the Wise

"It's so hard when I have to, and so easy when I want to. " **Annie Gottlier**"The chief danger in life is that you may take too many precautions. " **Alfred Adler**"Do what is right, not what is easy nor what is popular. " **Roy T. Bennett**

PAGE 3 MT ROUSE NEWS & VIEWS LIONS CLUB OF PENSHURST & DISTRICT NEWS

It's so simple, drop in the top



and don't forget to place the empty bottles in your normal recycle bin



We have had a very busy time with Lions lately. We have recently commenced collecting bottle caps and sending them away to Envision to be transformed into prosthetic hands, 3D filament and other usable items. Plastic bottle caps are an essentially non-recycled waste product, and we would like to collect as many as we can to support this worthwhile cause and to help save the environment. If you would like to be involved please call or message Lion Jeff Jellie on 0407 781 407 or leave your bottle caps, preferably in a bag or any container will do at Kelly's Penshurst or at the Spectator in Hamilton .

On Sunday 3rd of March 2019, Zone Chairperson (and local Lion) Sue Jellie organised a Zone Picnic in the Penshurst Botanical Gardens, it

was attended by 28 Lions, partners and our Region Chairperson. The photographer was a bit late getting the photo done so a few had already left! It was a great day and a relief from the very warm previous days we have had. We had a gum boot throwing competition and if you look closely at the photo you can see the proud winner Donald Adamson holding up the inaugural trophy – Well done.



We were also very lucky on Tuesday the 5th of March 2019 to have 3 special visitors. Lion Rob Cameron District Chairperson for Lions Hearing Dogs, Erica and Lions Hearing Dog "Zara". We had a great meal together and thanks to Rob, Erica and "Zara" for doing a very informative presentation on Australian Lions Hearing Dogs.

Also don't forget that we collect stamps and glasses for Lions Projects. If you would like to contribute either or both please drop off at the Penshurst Newsagency for us to collect.



https://envision.org.au/

https://hearingdogs.asn.au/

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DV-alert Awareness Session

Lifeline is committed to raising the awareness of domestic and family violence.

DV-alert awareness sessions are two-hour interactive presentation where individuals and groups can talk about the issue of domestic violence and what they can do to help make a difference.

March 21st 2pm – 4pm
Penshurst WDHS
146 Cobb Street Penshurst
To register for this session, go to dvalert.org.au

At the end of the awareness session

- Identify the different signs and forms of abuse that constitute domestic and family violence
- Familiarise themselves with the Cycle of violence and Duluth wheels power and control, equality and empowerment
- Reflect on and share what they can do if they know someone who is experiencing domestic and family violence
- Have an opportunity to network with other individuals
- Receive tools and references for domestic and family violence support and referral

For enquiries: 03 5559 0521 megan.walsh@lifeline.org.au

CARAMUT AND DISTRICT GARDEN CLUB

Sweet Peas: It has become traditional to plant sweet peas on St. Patrick's Day but you can plant them any time from just before until a month later. A sunny, well drained spot, thoroughly dug over with organic matter and added lime, incorporating a high phosphate fertiliser into the planting site. Give them a support to climb on, having this in place before actually planting the seeds. Sweet peas are fully frost hardy and pick the flowers regularly to extend the flowering season. Seeds can be soaked before planting. If you like a particular flower or scent, collect the seed from that plant as sweet peas have a reputation for breeding pure.

March and April are great months for planting bulbs each year. Dutch Iris, daffodils, jonquils, tulips, anemones, and ranunculi all give a wonderful spring show. All these can be planted into deep pots or tubs. They would need to be planted into new soil the following year for good flowering. Before planting, prepare the soil well by digging in some animal manure and a small handful of slow-release fertiliser or bulb food. None of which I do. I tend to mulch my soil and dig the appropriate hole to plant the bulbs, leaving them in the ground each year. Bulbs need to be firm for planting and are planted roughly equal or to twice their size.

Pelargoniums and geraniums can be pruned now, cutting the hard and the pieces can be used as cuttings for new plants which can just be put in the ground where required or into pots for later replanting.

In the vegetable garden, seeds to sow now are broad beans, cabbage, leek, lettuce, radish, shallots, spring onions and turnips. Seedlings of the cabbage family can also be planted out now.

Competition winners for February were:

1st - Lorraine Schefferlie Rose:

2nd (equal) - Jill Walkenhorst & Brenda Ubergang

Bloom: 1st - Lorraine S.

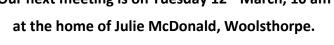
2nd - Mary Underwood

Produce: 1st - Lorraine Schefferlie

2nd - Marita Smith



Our next meeting is on Tuesday 12th March, 10 am at the home of Julie McDonald, Woolsthorpe.





The Special Competition is a piece of succulent. Visitors are welcome

Some people squirm when they see a worm. But my feelings for them are deep. They do wonders for my compost heap.







Post Offices have changed in many ways over the years, now offering a wide variety of products and services.

Did you know you can deposit & withdraw with all major banks and Credit Unions at Penshurst Post Office Also

Passports & Passport Photos, Working with Children Applications
Post Office Boxes available – To keep your mail safe
Overseas Money - Commission free, Money orders
Western Union Money Transfer
Gifts for all occasions and ages – GREAT PRICES
Quality Cards & Wrapping Paper, Darrell Lea Chocolates
AND MUCH MORE

Monday - Friday 9am to 5pm

31 Martin St, Penshurst Vic. 3289 (03) 5576 5220

PENSHURST MENS SHED

103 Cobb Street Penshurst

In January and February the workroom of the Shed will not be open on high temperature days.

All Welcome

The shed is open:

Monday, Wednesday and Saturday 10:00 am to 4:00 pm

Tuesday Social afternoon 2:00 pm to 5:00 pm

Penshurst Creative Arts is happy to announce the

2019 Penshurst Art Exhibition 22nd-24th March 2018

Entries are now available online at www.penshurstcreativearts.org.au or by post or delivery from Tom Cooke on 0488 557 345



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MT ROUSE NEWS & VIEWS

PENSHURST PROGRESS ASSOCIATION

Committee of Management:

Ama Cooke - President 0402 870 738

Mark Dalla Costa – Secretary

Mary Stewart

Vice President – Tom Cooke

Nigel Pyne

Treasurer – Marjorie Dalla Costa

Don Adamson

ABN 35 622 662 815

First I would like to thank all the people who voted for the change of name of our Association. The vote was unanimous, being 100% of the people who participated in the voting process, whether by attending the meeting or by proxy votes. We also signed on four new members at the Community meeting afterwards. I emailed the Minutes from the Meeting to the whole Association, and they are now available on the Penshurst Victoria webpages as a PDF download; that link, and others, being on www.penshurstvictoria.com.au/Penshurst%20Progress%20Association.html , as is the Mt Rouse News & Views Newsletter you are reading, http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html.

We are in the process of defining a Mission and Vision statement and a logo for the Association. We had some fun at the meeting putting town colours to a picture of a sugar cube being held by a busy ant. You've seen the ant in previous newsletters. The black and red are the Penshurst Bombers colours, and the dusky pink is as close I could manage to get to the colour of the sign for Penshurst that is outside our entrance from Hamilton. I would like to give him/her a name, and if there are any artists among you who would like to clean up the edges of the cube .. I am not clever with artistic work of any kind, please contact me and I'll give you the master copy to fix.

Why an ant? Ants are community minded, and community focused. They work long and hard. They give attention to small details. Anything they gather in, they share with everyone else. They can carry 100 times their own weight. They are very protective. I wish I had written down all the other positive ideas that came from everyone at the meeting. Oh, and yes, sometimes they bite, could be seen as mindless slaves, but since the 'queen' would be the town, and all of us who are in the Association are prepared to give of our

time and energy, there's nothing mindless about it. Being part of a Progress Association is about caring for our community and its future, just like the ants do about theirs. However, that is just one idea for a logo. What can you suggest?

Penshurst Community Plan Review - 16th March at the Penshurst Hospital Markets

Every time one of the groups and associations in Penshurst apply for a grant to create something wonderful for our residents, or make repairs and upgrades to our facilities, it is in our best interests to refer to that particular idea in the town's Community Plan.

The Plan is a statement by the residents of what we consider important for the place in which we were born or have moved to at various stages in our lives. It is an acknowledgement that we value our town and intend to continue living here and helping it thrive and grow. The Plan also tells people who are visiting, with the intention of moving here, or simply holidaying, that we value our beautiful buildings, including those that need repair or repurposing, our Reserves e.g. the Penshurst Recreation Reserve, Yatmerone and Mount Rouse, and our businesses; and that we are willing to acknowledge their importance in this very useful document. Please come to the Market and share your ideas and help us prioritise what is important for our town's future.

Can we interest you in any of our projects? Do you have ideas of your own to share? Come to the Progress Association meeting on the 27th March and say hi. We welcome everyone. Ama Cooke



Hamilton Community House Inc.

19 Sedgewick Street Hamilton

Coming up - It's time for our Morning Market...



SAT. March 23, 2019 9am - 12 noon at 19 Sedgewick St.

Books, plants, bric-a-brac and produce, baked goods, cakes, slices, preserves, toys, grocery raffle, morning tea & lunch, etc.

You're very welcome...

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MT ROUSE News & VIEWS

Men at Work .. for sale from the Penshurst Men's Shed





The beauty of pine expresses itself well in these rustic planter boxes being built at the Men's Shed. They are \$35 each, unstained, and \$45, stained. Other projects currently include bird boxes, with the assistance of the elders at Kolar Lodge, tool boxes and planter stands.

We do have some serious discussions about building an Ark, but the lack of rain has deemed the necessity of the project unlikely.

To purchase any of our items contact Tom Cooke 0488 557345



Planters, and other wooden projects, can be built to your size and specifications.

See you at the Shed.

Monday, Wednesday, Saturday 10am - 4pm. Tuesday 2pm - 5pm - Social

https://www.facebook.com/ LisaGonnetMentalandSpiritualHealth/



Lisa Gonnet

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Life- Coach

Meditation/Mindfulness

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www.samh.com.au



Meditation expanded!

There is a common misconception that the purpose of meditation is to be able to stop thinking, stop the "monkey chatter" in our minds, it's not. In my opinion, meditation gives us physical, mental and emotional space. It allows us to live a less frenetic life enabling us to let go of the small stuff. We imagine Buddhist monks and the Dalai Lama are able to stop the mind chatter because they meditate. However, I recently read in a book by Sarah Wilson, "First we make the beast beautiful", an experience she had meeting the Dalai Lama that I am going to share here.

"The first time I met his Holiness the Dalai Lama, I was invited to ask him one question....... I deliberated for days. When we met a few weeks later, I still didn't have my one question. So I asked the most authentically pressing thing in that exact moment: 'how do I get my mind to shut up?'

His holiness giggles, 'there's no use, he tells me 'silly, impossible to achieve! If you can do it great. If not, big waste of time'.

'But surely you can do it' I say.

'Noooo. If I sit in a cave for a year on mountain, then maybe I do it. But no guarantee'. 'Anyway I don't have time'"

Neither do we! But taking even five minutes at the end of your day to just sit and breathe and let go of the stresses of the day,

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Dunkeld & District Community Bank® Branch

Bendigo Bank Ranks Highest

Bendigo Bank ranks highest in credit card satisfaction according to the 2018 JD Power Australia Credit Card Satisfaction Study. The study measures overall satisfaction in six key factors: interaction (30%); credit card terms (30%); communications (16%); rewards

(11%); benefits and services (9%); and key moments (5%)[3]. Are you satisfied with your current credit card? Our February cashback and bonus points credit card offers have been extended to

31 March 2019, making now the time to make the switch!

Platinum Rewards Credit Card
up 200,000
bonus Rewards Points*

Get 10:000
bonus Rewards
Points a mosth fit
20 months when
spend \$1,000 pe
statement period
bendigobank.com.au/bonuspoints

The 2018 Australia Credit Card Satisfaction Study is based on responses from 4,642 credit card customers. The study includes 21 major credit card issuers in the market.

Congratulations Vincent!

On behalf of the Board & staff we wish to congratulate Grampians Cricket Club youngster Vincent Huf who has been selection in Australian Under-15s National Squad. We know that to perform at your best you need the right equipment. Sports vision specialists agree that sports eyewear can have a profound effect on an athletes performance and that's why the branch was proud to support Vincent in his sporting carer with the recent purchase of a pair of Oakley Sports Sunglasses to the value of \$270.



Vincent Huf sporting the sunglasses provided by the Dunkeld & District Com-

Your best interests at heart.

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inters, conditions, fees and changes agraph, All informations, including interest mode, in covered as at 23 kgh 2003 and in solderd in change, find default available on apprintable, Lending referrin apply. "The companion mode displayed in colorable for a breast of \$150,000 mer 25 seen, \$1500,000 mer 25 seen, \$15000,000 mer 25 seen, \$15000,000 mer 25 seen, \$15000,000 mer 25 seen, \$15000,0

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The following recipe is by Chef Adam Liaw

Beef Sausages in Onion Curry—Serves 6

Prep: 10 Mins, Cook: 25 Mins

INGREDIENTS

1kg beef sausages 1 tsp turmeric

1 Tbs vegetable oil 500 mL tomato passata

4 medium onions, thickly sliced 2 cups beef stock

4 cloves garlic, copped 1 tsp sugar

1 Tbs grated ginger 150 mL thickened cream

2 Tbs curry powder 1/4 cup picked coriander leaves

METHOD

Heat a large casserole dish over medium heat and fry the sausages in batches until browned.

Add the onions and fry for a further 3 minutes or until they are softened. Add in the garlic and ginger and continue to fry until they are fragrant.

Stir in the curry powder, add turmeric and combine with the onions. Add the tomato passata, stock, soy sauce and sugar and stir well. Bring to a simmer for 5 minutes, then return the sausages to the pot and simmer for a further 10 minutes.

Remove from the heat and stir through the cream. Serve scattered with coriander leaves.

Tips:

If you prefer, you can substitute the stock for water.

Don't prick your sausages before cooking as this will cause them to burst.

Serve with fresh steamed greens such as broccolini and beans



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Grab your Takeaway and extras from Josh & Tracy Hewitt at the

Penshurst Newsagency & Takeaway

86 Bell Street Penshurst 5576 5330 ABN 62624156010

All Day Breakfast, Egg & Bacon Rolls, Home-made cakes & slices Mahalia Coffee, Fresh Bread, Milk, Meat and soft drinks. Fresh battered Fish, Dim Sims, Hot Chips and much more.

Try the specials – Chicken Parma, \$15.00, Souvlakis (Lamb or Chicken), Fish & Chips with salad \$10.00

NEW – Chicken & Seafood (served with chips & salad) \$18.00

Hamburgers, Chicken Chilli Burgers, Steak Sangas, Chicken Schnitzel Burgers

Check our board for weekly specials!

Opening hours

6am – 7pm Monday – Thursday

7am - 8pm Friday, 7am – 8pm Saturday

8am – 7pm Sunday

Please phone late orders 15 minutes prior to closing, thank you.

PLACES OF INTEREST IN PENSHURST

Volcanoes Discovery Centre www.penshurstvolcano.org.au

Yatmerone Wildlife Reserve Ritchie St Penshurst

Botanic Gardens Chesswas St Penshurst

Penshurst Caravan Park Cox Street Penshurst

For Bookings phone (03) 5576 5220

Ct Jacoph's Catholic

24 Hr Fuel 91A Bell Street Penshurst

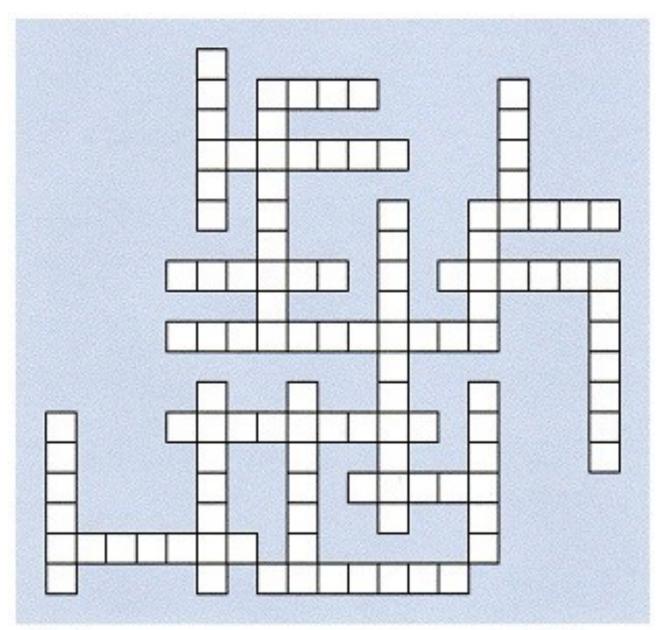
The Mount Rouse steps are closed at the present moment due to renovations.

Penshurst Church Services

				St Joseph's Catholic
	Bethlehem Lutheran Church Tabor	Penshurst Anglican	St Andrew's	Church Penshurst
		Church	Uniting Church	1st Sunday No Service
		5pm Mass 3rd Sunday	Penshurst	2nd Sunday Mass 8.30am
	Service every	each month	2nd & 4th Sunday	3rd Sunday Lay Service
	Sunday 10.00am	For further details contact Janet Kelly on 5576 5247	11am Service	8.30am
				4th Sunday Mass 8.30am
				5th Sunday Mass 8.30am

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Mt Rouse Puzzler Fill-it-in 2



4 Letters			
kiss			
5 Letters			
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6 Letters camera fallow rhythm wander wonder

7 Letters
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rhubarb
rubbish
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wallaby

9 Letters community knowledge 11 Letters

11 Letters alterations application

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MONTHLY MEETING DATES

- Book Club, 2nd Wednesday each month at Senor Citizen club rooms.
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd
 Tuesday each month at Volcano Centre
 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm.

- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Penshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 4 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

Would you like your group listed here, contact Mark on 0409192612 or email

mtrousenewsletter@gmail.com

Upcoming Events in Penshurst

16th March Penshurst Hospital Market & Car boot sale
With Penshurst Hair Day and a review of the Community Plan

22nd—24th March Penshurst Art Exhibition @ Penshurst Memorial Hall





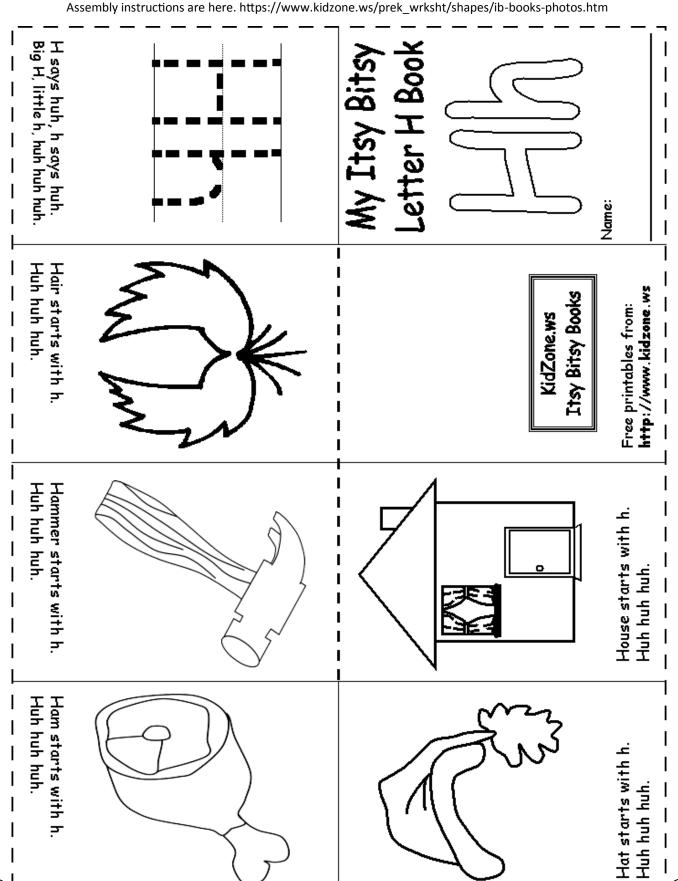


We welcome contributions to all sections of our Newsletter. Any suggestions for things you would like included please send to the Editor at: mtrousenewsletter@gmail.com

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A PAGE FOR THE CHILDREN

This is a handbook of 'H' words. Colour it in and fold and cut it to create a small book. Assembly instructions are here. https://www.kidzone.ws/prek_wrksht/shapes/ib-books-photos.htm



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SOUTHERN GRAMPIANS SHIRE COUNCIL

LISTENING POSTS

Council's listening posts provide an opportunity to speak with elected Councillors and senior staff on a variety of matters.

Information will be available regarding:

- Budget 2019-20
 Submissions;
- Recycling and waste management updates;
- Street Tree
 Management
 Plans;
- 2041 Project; and
- HRLX updates.



Members of public are welcome to bring any items for discussion to a casual drop-in environment.

2019 **LOCATIONS**

GLENTHOMPSON

Memorial Hall Wednesday 13 March, 7pm

COLERAINE

Whyte Street Monday 18 March, 3.30pm

BALMORAL

Seymour Park Tuesday 19 March, 3.30pm

PENSHURST

Memorial Hall Monday 25 March, 3pm

HAMILTON

The HUB Tuesday 26 March, 3pm

TARRINGTON

Tarrington School Hall Wednesday 10 April, 7pm

DUNKELD

Parker Street Wednesday 1 May, 7pm





1. What beats but inflicts no pain?

- 2. What goes up but never goes down?
- 3. Which gate can you not go through?
- 4. What do you break before using it?
- 5. What gets broken without being held?
- 6. What has a single eye but cannot see?
- 7. Which side of a cat has the most fur?

Riddles

Answers to last fortnight's riddles:

- 1. All of them
- 2. Sound
- 3. In the river bank
- 4. A hole
- 5. Everything, buildings don't jump
- 6. A nose
- 7. A library

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In this section we welcome your comments and views. If you have good news or a burning issue please send a letter to the Editor at :

mtrousenewsletter@gmail.com.

The Editor reserves the right to decide on which letters will be published and whether to precis longer submissions.

Penshurst Hospital Market & Car Boot Sale

On again, come down for a great day out!

SATURDAY MARCH 16TH, 10 AM-2 PM

Penshurst Memorial Hall, Martin Street Penshurst

Crafts, sausage sizzle, Little Golden Books, Raffles and lots more. Face painting, leather belts and horse whips. Candles, toys, bags, cards, etc, etc.

And of course food, plants and bric-a-brac. Car boot sale.

Gold coin entry with all money going to your local hospital and aged care.

Phone Nanette on 55723257 if you would like a stall

or to book your car



Hair cut, hair colour and morning teas available - with thanks to Mandy of Mandy's Hairdressing & the Penshurst Hospital Ladies Auxillary \$5.00 each. Support Cancer & Leukemia research.



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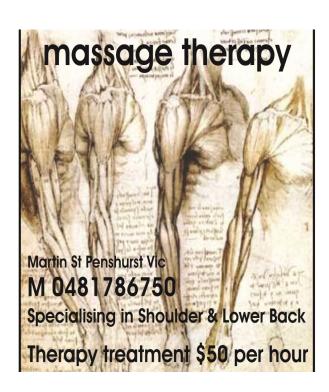
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Registered Address: 46 Watton Street, Penshurst 3289

Email: mtrousenewsletter@gmail.com

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Mobile Library

Internet, audio books, dvd's, fiction & non-fiction, children's section,

If we don't have it we can get it free!

It currently visits Penshurst every

THURSDAY FORTNIGHT

3.00 to 4.00 pm outside the Hall in Martin St



The Mobile will not operate on extreme and Code Red fire declared days.

Phone 5573 0470

Www.sthgrampians.vic.gov.au/library

CHRISTOPHER COOK CONSTRUCTIONS

Ph: 0417 100 243

Fax: 5576 5267



112 Bell Street Penshurst Vic 3289

HIA Reg CB-U 6214 DB-U 5109

ADVERTISING RATES (Per Issue)

Full page \$20 **1/2** page \$10

1/4 page \$5 Business Card \$3

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Treatments are:

Aromatherapy Massage

Hot Stone Massage

Ear Candling

Facials

Also a variety of Giftware

Sauna Treatments FAR Infrared

By Appointments only:

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Gift Vouchers Available

Taking Appointments Now.

Relax Unwind

Take Time out

Christine's Healing Retreat

Now Open

New Shop at

91b Bell Street, Penshurst



Benefits of sauna are:

Helps with pain relief, improves circulation, blood pressure reduction, weight loss, cell health and immunity, antiaging, cardiovascular and detoxification.

Fully Qualified therapist using pure essential oils and natural botanical skincare.

Pensioner Discounts Apply Packages and Opening Specials

Email: chrisonport@gmail.com

Facebook:

Christine's Healing Retreat

Penshurst Memorial Hall

To hire the Hall please contact the booking agent, Thomas Cooke 0488 557 345 or Email penshurstmemorialhall@gmail.com. Contact Tom Cooke for key collection.

Daily charges for Hall hire:

Supper Room or Kitchen \$50Main Hall \$150Entire Venue \$250

Conditions apply

Penshurst Hospital Market
Penshurst Hair Day
And morning tea
16th March

Penshurst Art Exhibition 22nd—24th March



Mandy's Hair Design

80A BELL ST PENSHURST

Bookings by appointment

For appointments please ring

Mobile: 0417 511 177 Thankyou

PAGE 20 MT ROUSE NEWS & VIEWS TAIL END TALES

THE ADVENTURES OF PUD - The Little Grey Fergie

When Pud was fishing, he had a little grey Fergie. It had served a dairy farmer faithfully for 30 years and then entered semi retirement driving the winch on Pud's scallop boat. It was fully marinised by spraying WD40 on the electrics, jamming an empty beetroot tin on the upswept exhaust and heaving the sodden foam drivers seat overboard.

The expectation from Pud was that the little tractor would start and run at call for around six months of the year, then lie around on his front lawn for the other six months. He would take the scallop gear off the boat for the summer while he went after rock lobster. Maintenance was minimal and Harry Ferguson would have been proud of his invention and the way it kept going under the most adverse conditions.

Anyway, Pud had hired a new deckhand for the scallop season. We will call him Johnny because that is his name. First job was to put a battery and some fuel into the Fergie and see if it would go. The early tractors had a funny starting system where you turned on a key, then pushed the gear stick into a start gear which operated the starter motor. Pud tried.....nothing. Wriggled the battery terminals...... nothing. Shorted out the battery terminals with a spanner.....Pow! ..then nothing.

The deckhand is watching the scene unfold totally unaware of the danger heading his way. Pud lights a cigarette and scratches his head. "I will show you how to start a tractor that won't go." says Pud. He puts a bottle jack under a rear axle housing and jacks the wheel clear of the ground. Then he scratches around in the long grass on the front lawn and comes up with about 2 metres of 50 mil galvanised pipe. He inserts the pipe into a gap toward the rim of the rear wheel and wriggles the pipe until it is stuck fast. Then he puts the tractor into top gear, pulls the throttle wide open and turns the key. Pud has created a giant crank handle.

"We will just give half a turn" says Pud. The deckhand grabbed the pipe as far from the wheel as he could because he was starting to get a gut feeling that things could go horribly wrong. Pud grabbed the pipe along side and closer to the tractor.

They rocked the wheela tiny crack. The tractor started without barely turning the wheel at all. As the rear wheel picked up pace the deckhand held on for about three revolutions before being flung high in the air and landing headfirst part way through a rotten paling fence right across the other side of the lawn.

He lay there stunned and just had time to thank his lucky stars for escaping with only minor head injuries (common in deckhands anyway) when KAPOOOWW! Lights went out and everything went black. Pud could not get away from the pipe and had endured 30 seconds of mechanised limbo dancing with the pole squashing, stretching, squeezing and straining his more mature figure until centrifugal force won out and Pud sailed off on more or less the same trajectory as the deckhand. Pud landed with his head straight into the deckhand's head, then 120 kilos of Pud came down like a sack of spuds knocking the wind completely out of his new worker. They were both out like lights. A passing fisherman heard and saw the tractor belching black smoke and then saw the pair apparently asleep on the lawn and thought there may have been something up. He throttled back the tractor then turned it off just as Pud stirred. "I will just have this smoke then you better take us to hospital", says Pud.

They both had head injuries but their heads were probably the strongest and safest place to get hit.

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